



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 9:45 YOGA FOR SENIORS - ACTIVITY ROOM 10:30 GROUP WALK ON THE TRAIL - MEET IN THE LOBBY 2:00 EUCHRE TOURNAMENT - ACTIVITY ROOM	2 10:00 MOVIE - 2ND FLOOR LOUNGE 2:00 TEA & DISCUSSION - DINING ROOM
3 10:00 TV CHURCH SERVICE IN THE 2ND FLOOR LOUNGE 2:00 EUCHRE / CARDS - ACTIVITY ROOM	4 10:00 BINGO - ACTIVITY ROOM 2:00 AFTERNOON MOVIE - DINING ROOM 3:30 YOGA FOR SENIORS - ACTIVITY ROOM	5 9:45 SIT & STRETCH - ACTIVITY ROOM 10:30 ARMCHAIR TRAVELLER - GOES TO CHICAGO - ACTIVITY ROOM 3:00 CHAPEL SERVICE WITH LOIS -ACTIVITY ROOM	6 9:45 YOGA - ACTIVITY ROOM 10:30 DRUM FIT FUN - ACTIVITY ROOM 2:00 RESIDENT OF THE MONTH AUSTIN PICKETT " OZZIE" PERFORMS - FRONT LOBBY	7 9:45 SIT & STRETCH - ACTIVITY ROOM 10:30 MUSIC THERAPY WITH MALLORY - ACTIVITY RM 2:00 HAPPY HOUR WITH GARY BRODERICK - FRONT LOBBY	8 International Women's Day 9:45 YOGA FOR SENIORS - ACTIVITY ROOM 10:30 GROUP WALK ON THE TRAIL - MEET IN THE LOBBY 2:00 CURLING FUN - ACTIVITY ROOM	9 10:00 MOVIE - 2ND FLOOR LOUNGE 2:00 DOMINOES - ACTIVITY ROOM MOVE YOUR CLOCKS 1HR
10 DAYLIGHT SAVINGS BEGINS 10:00 TV CHURCH SERVICE IN THE 2ND FLOOR LOUNGE 2:30 CRYSTAL VIEW MENNONITE HYMN SING FRONT LOBBY	11 10:00 BINGO - ACTIVITY ROOM 2:00 AFTERNOON MOVIE - DINING ROOM 3:30 YOGA FOR SENIORS - ACTIVITY ROOM	12 9:45 SIT & STRETCH - ACTIVITY ROOM 10:30 DUTCH SHUFFLEBOARD ACTIVITY ROOM 3:00 HYMN SING WITH LOIS - FRONT LOBBY	13 9:45 YOGA - ACTIVITY ROOM 10:30 CARD GAMES/ & COLOURING ACTIVITY ROOM 2:00 HAPPY HOUR WITH JACK KALENDERIAN - FRONT LOBBY	14 9:45 SIT & STRETCH - ACTIVITY ROOM 10:30 CARD BINGO - ACTIVITY ROOM 2:00 ST. PATRICK'S DAY SOCIAL - DINING ROOM	15 9:45 YOGA FOR SENIORS - ACTIVITY ROOM 10:30 GROUP WALK UPTOWN - MEET IN THE LOBBY 2:00 GROUP BOARD GAMES ACTIVITY ROOM	16 10:00 MOVIE - 2ND FLOOR LOUNGE 2:00 TEA & DISCUSSION - DINING ROOM
17 HAPPY ST PATRICKS DAY 10:00 TV CHURCH SERVICE IN THE 2ND FLOOR LOUNGE 2:00 EUCHRE/CARDS - ACTIVITY ROOM	18 10:00 BINGO - ACTIVITY ROOM 2:00 AFTERNOON MOVIE - DINING ROOM 3:15 YOGA FOR SENIORS - ACTIVITY ROOM	19 10:00 BINGO - ACTIVITY ROOM 2:00 GIFT BOUTIQUE - ACTIVITY ROOM 3:00 CHAPEL SERVICE WITH LOIS - ACTIVITY ROOM	20 9:45 YOGA FOR SENIORS - ACTIVITY ROOM 10:45 LUNCH BUS TRIP Anna Mae's in Millbank Meet in the lobby 3:30 EUCHRE - ACTIVITY ROOM	21 9:45 SIT & STRETCH - ACTIVITY ROOM 10:30 MUSIC THERAPY WITH MALLORY - ACTIVITY ROOM 2:00 PRIZE AUCTION - TICKETS NEEDED TO BID - ACTIVITY ROOM	22 9:45 YOGA FOR SENIORS - ACTIVITY ROOM 10:30 GROUP WALK ON THE TRAIL - MEET IN THE LOBBY 2:00 SPRING VISUAL QUIZ- ACTIVITY ROOM	23 10:00 MOVIE - 2ND FLOOR LOUNGE 2:00 DOMINOES - ACTIVITY ROOM
24 10:00 TV CHURCH SERVICE IN THE 2ND FLOOR LOUNGE	25 10:00 BINGO - ACTIVITY ROOM 2:00 YOGA FOR SENIORS - ACTIVITY ROOM	26 9:45 MANICURES - ACTIVITY ROOM 10:30 EASTER CRAFTS - ACTIVITY ROOM	27 10:00 BUBBLY FOOT BATHS - 2ND FLOOR LOUNGE 1:30 TOWN HALL MEETING - DINING ROOM - 1:45 HEART & STROKE PRESENTATION - DINING 3:00 EUCHRE - ACTIVITY ROOM	28 9:45 YOGA FOR SENIORS - ACTIVITY ROOM 10:30 DRUM FIT FUN - ACTIVITY ROOM 2:00 HAPPY HOUR WITH DEREK BYRNE - FRONT LOBBY	29 GOOD FRIDAY 	30 10:00 MOVIE - 2ND FLOOR LOUNGE 2:00 TEA & DISCUSSION - DINING ROOM
31 EASTER SUNDAY 10:00 TV CHURCH SERVICE 2ND FLOOR LOUNGE	31 3:15 EUCHRE /CROKINOLE ACTIVITY ROOM	31 3:00 HYMN SING WITH LOIS - FRONT LOBBY				