

November



SUNDAY	MONDAY	TUESDAY	1	WEDNESDAY	2	THURSDAY	3	FRIDAY	4	SATURDAY			
				10:00	BUBBLY FOOT BATHS 2ND FLOOR LOUNGE	10:00	MUSIC THERAPY WITH MICHELA - ACTIVITY ROOM	9:45	YOGA FOR SENIORS ACTIVITY ROOM	10:00	Movie - 2ND FLOOR LOUNGE - "		
				2:00	"UNO" CARD GAMES ACTIVITY ROOM			10:30	GROUP WALK UPTOWN MEET IN THE LOBBY				
				3:00	SIT & STRETCH - ACTIVITY ROOM	2:00	Concert in the Dining Room	2:00	DUTCH SHUFFLE BOARD - ACTIVITY ROOM			LEGENDS OF THE SILVER SCREEN - GRACE KELLY	
												CLOCKS TURN BACK	
5	DAYLIGHT SAVINGS END	6		7	8	9	10	11					
10:00	ONLINE CHURCH 2ND FLOOR LOUNGE	10:00	BINGO - ACTIVITY ROOM	9:45	SIT & STRETCH - ACTIVITY ROOM	10:00	BEAN BAG TOSS - ACTIVITY ROOM	9:45	SIT & STRETCH - ACTIVITY ROOM	9:45	YOGA FOR SENIORS ACTIVITY ROOM	10:30	Remembrance Day Celebrations - CBC 2nd Floor Lounge
2:00	EUCHRE/CARD GAMES ACTIVITY ROOM	2:00	SCRABBLE TOURNAMENT - ACTIVITY ROOM	10:30	GROUP WORD GAMES - ACTIVITY ROOM	2:00	RESIDENT OF THE MONTH - "ONNE SNIP" TALENT SHOW	10:30	ARMCHAIR TRAVELLER "THAILAND"	10:30	GROUP WALK ON THE TRAIL - MEET IN THE LOBBY		
		3:00	YOGA FOR SENIORS ACTIVITY ROOM	3:00	CHAPEL SERVICE WITH LOIS - ACTIVITY ROOM	3:00	YOGA FOR SENIORS ACTIVITY ROOM	2:00	HAPPY HOUR WITH DEREK BYRNE	2:00	Remembrance Day Presentation - Dining room		
12		13		14	15	16	17	18					
10:00	ONLINE CHURCH 2ND FLOOR LOUNGE	10:15	BINGO - ACTIVITY ROOM	9:45	MANICURES - ACTIVITY ROOM	10:00	BUBBLY FOOT BATHS 2ND FLOOR LOUNGE	9:00	MUSIC THERAPY WITH MICHELA - ACTIVITY ROOM	9:45	YOGA FOR SENIORS ACTIVITY ROOM	10:00	MOVIE - 2ND FLOOR LOUNGE " SARAH PLAIN & TALL
		2:00	AFTERNOON MATINEE with MUNCHIES - DINING ROOM	2:00	GROUP CROSSWORD ACTIVITY ROOM	2:00	DESSERTS OF THAILAND - SAMPLES	10:15	FIRESIDE VOICES CHOIR - DINING ROOM	10:30	GROUP WALK - UPTOWN - MEET IN THE LOBBY		
	2:30		CRYSTAL VIEW MENNONITE CHURCH SING A LONG - FRONT LOBBY	3:00	HYMN SING WITH WITH LOIS - FRONT LOBBY	3:00	SIT & STRETCH - ACTIVITY ROOM	2:00	HAPPY HOUR WITH JACK KALENDERIAN	2:00	DUTCH SHUFFLE BOARD - ACTIVITY ROOM		
19		20		21	22	23	24	25					
10:00	ONLINE CHURCH 2ND FLOOR LOUNGE	10:00	BINGO - ACTIVITY ROOM	9:45	SIT & STRETCH - ACTIVITY ROOM	10:00	Mobility & Accessibility products - Silver Cross Demonstration Demonstration	9:45	SIT & STRETCH - ACTIVITY ROOM	9:45	YOGA FOR SENIORS ACTIVITY ROOM	10:00	Movie - 2ND FLOOR LOUNGE
		2:00	DRUM FIT FUN - ACTIVITY ROOM	10:30	NAME GAME" - BEACH BALL TOSS ACTIVITY ROOM	2:00	TBA	10:30	TBA	10:30	GROUP WALK ON THE TRAIL - MEET IN THE LOBBY	3:30	St JACOBS SPARKLES CAROLLERS FRONT PORCH - DRESS WARM
		3:00	YOGA FOR SENIORS ACTIVITY ROOM	3:00	CHAPEL SERVICE WITH LOIS - ACTIVITY ROOM			2:00	HAPPY HOUR WITH DALE BONNET	2:00			
26		27		28	29	30							
10:00	ONLINE CHURCH 2ND FLOOR LOUNGE	10:00	Woolwich Counselling Centre - Presentation Positive Thinking & Gratitude	9:45	MANICURES - ACTIVITY ROOM	10:00	BINGO - ACTIVITY ROOM	10:00	MUSIC THERAPY WITH MICHELA - ACTIVITY ROOM				
				1:30	TOWN HALL/ Presentation ALZHEIMERS & DIMENTIA								
2:00	EUCHRE/CARD GAMES ACTIVITY ROOM	2:00	GIFT BOUTIQUE - ACTIVITY ROOM					2:00	HAPPY HOUR WITH THE WATERLOO CHAMBRE PLAYERS				
		3:00	YOGA FOR SENIORS ACTIVITY ROOM	3:00	HYMN SING WITH LOIS - FRONT LOBBY	3:00	SIT & STRETCH - ACTIVITY ROOM						

