



# September



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	1	FRIDAY	2	SATURDAY					
	 <p>SEPTEMBER BIRTH FLOWER: ASTER</p>			 <p>Peru</p>			10:00	CHANNEL 60					
					10:30	GROUP WALK - ON THE TRAIL - MEET IN THE LOBBY		"LOVE IN THE LIMELIGHT"					
3	4	LABOUR DAY	5	6	7	8	9						
				9:45	MANICURES - ACTIVITY ROOM	10:00	BUBBLY FOOT BATHS - 2ND FLOOR LOUNGE	10:00	MUSIC THERAPY WITH MICHELA	9:45	YOGA FOR SENIORS ACTIVITY ROOM	10:00	MOVIE - 2ND FLOOR LOUNGE - Danielle Steel's "FAMILY ALBUM"
			2:00							10:30	GROUP WALK UPTOWN MEET IN LOBBY		
			3:00		2:00		2:00			2:00	ARMCHAIR TRAVELLER GOES TO " PERU"		
				3:00									
10	11	12	13	14	15	16	17	18	19	20	21	22	23
10:00	ONLINE CHURCH 2ND FLOOR LOUNGE	10:15	BINGO - ACTIVITY ROOM	9:45	SIT & STRETCH - ACTIVITY ROOM	9:45	YOGA FOR SENIORS ACTIVITY ROOM	9:45	SIT & STRETCH - ACTIVITY ROOM	9:45	YOGA FOR SENIORS ACTIVITY ROOM	10:00	MOVIE - 2ND FLOOR LOUNGE - " STAGE DOOR CANTEEN"
		2:00	FIRE HALL GROUP TOUR - ACROSS THE STREET	10:30	SHUFFLEBOARD - ACTIVITY ROOM	11:30	BUS TRIP - LUNCH "BONNIE LOU'S" FLORADALE	10:30	BAKING CLUB - "COCADAS" COCONUT MACAROONS	10:30	GROUP WALK - ON THE TRAIL - MEET IN THE LOBBY		
2:30	Crystal View Mennonite Church - Hymn Sing - Front Lobby			3:00	CHAPEL SERVICE WITH LOIS - ACTIVITY ROOM			2:00	HAPPY HOUR WITH "GARY BRODERICK"	2:00	TBA	2:00	TEA & DISCUSSION - DINING ROOM/PORCH
17	18	19	20	21	22	23	24	25	26	27	28	29	30
10:00	ONLINE CHURCH 2ND FLOOR LOUNGE	10:15	BINGO - ACTIVITY ROOM	9:45	MANICURES - ACTIVITY ROOM	10:00	BUBBLY FOOT BATHS 2ND FLOOR LOUNGE	10:00	MUSIC THERAPY WITH MICHELA	9:45	YOGA FOR SENIORS ACTIVITY ROOM	10:00	MOVIE - 2ND FLOOR LOUNGE - "ROYAL WEDDING"
		2:00	PINE CONE FLOWER PAINTING - PATIO	2:00	NAME GAME - BEACH BALL TOSS - ACTIVITY ROOM	2:00	BAKING CLUB - " COCONUT MACAROONS"	2:00	HAPPY HOUR WITH PAUL SCHALM	10:30	GROUP WALK - UPTOWN - MEET IN THE LOBBY	4-7pm	SIGN UP FOR SPAGHETTI DINNER ST JACOBS FIREFIGHTER'S ASSOCIATION \$20/PER
		3:15	YOGA FOR SENIORS ACTIVITY ROOM	3:00	HYMN SING WITH LOIS - FRONT LOBBY	3:00	YOGA FOR SENIORS ACTIVITY ROOM	2:00	HAPPY HOUR WITH "RICH HUBRICK"	2:00			
24	25	26	27	28	29	30							
10:00	ONLINE CHURCH 2ND FLOOR LOUNGE	10:15	BINGO - ACTIVITY ROOM	9:45	SIT & STRETCH - ACTIVITY ROOM	9:45	YOGA FOR SENIORS ACTIVITY ROOM	9:45	SIT & STRETCH - ACTIVITY ROOM	9:45	YOGA FOR SENIORS ACTIVITY ROOM	10:00	MOVIE - 2ND FLOOR LOUNGE - "CBC NATIONAL DAY FOR TRUTH & RECONCILIATION"
		2:00	GIFT BOUTIQUE - ACTIVITY ROOM	1:30	TOWN HALL - DINING ROOM	10:30	TBA	10:30	TBA	10:30	GROUP WALK - ON THE TRAIL - MEET IN THE LOBBY		
		3:00	YOGA FOR SENIORS ACTIVITY ROOM	3:00	CHAPEL SERVICE WITH LOIS - ACTIVITY ROOM			2:00	HAPPY HOUR WITH "ROGER JOYCEY"	2:00	TBA	2:00	TEA & DISCUSSION - DINING ROOM/PORCH