




Happy  
New Year  
2023

# January



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 <b>New Years Day</b></p> <p>10:00 TV CHURCH SERVICE 2nd FLOOR LOUNGE</p> <p>2:00 EUCHRE CLUB BASEMENT</p>	<p>2</p> <p>10:15 BINGO BASEMENT</p> <p>1:30 DRUM FIT FUN BASEMENT</p> <p>3:00 YOGA for Seniors</p>	<p>3</p> <p>9:30 MAGNIFICENT MANICURES - BASEMENT</p> <p>1:30 CURLING FUN</p> <p>3:00 SIT &amp; STRETCH BASEMENT</p>	<p>4</p> <p>9:30 YOGA for Seniors BASEMENT</p> <p>10:30 BUBBLY FOOT BATHS BASEMENT</p> <p>1:30 The "Price is Right" Trivia - guess the price</p>	<p>5</p> <p>9:30 SIT &amp; STRETCH BASEMENT</p> <p>10:30 ARM CHAIR TRAVELLER "ALASKA"</p> <p>2:00 BEACH BALL TOSS - THE NAME GAME</p>	<p>6</p> <p>9:30 TAI CHI - for Seniors BASEMENT</p> <p>10:30 Elvis Presley Trivia Birthday Jan 8</p> <p>2:00 HAPPY HOUR with MARTIN WALL</p>	<p>7</p> <p>10:00 MOVIE - GRUMPY OLD MEN 2nd FLOOR LOUNGE</p> <p>2:00 TEA &amp; DISCUSSION DINING ROOM</p>
<p>8</p> <p>10:00 TV CHURCH SERVICE 2nd FLOOR LOUNGE</p> <p>2:30 Crystal View Mennonite Church - Hymn Sing Front Lobby</p>	<p>9</p> <p>10:15 BINGO BASEMENT</p> <p>1:30 GIFT BOUTIQUE BASEMENT</p> <p>3:00 YOGA for Seniors BASEMENT</p>	<p>10</p> <p>10:30 MUSIC THERAPY BASEMENT</p> <p>1:30 Colouring &amp; Word Games - "ALASKA"</p> <p>3:00 TAI CHI - BASEMENT</p>	<p>11</p> <p>9:30 SIT &amp; STRETCH BASEMENT</p> <p>10:30 BAKING FUN " BAKED ALASKA"</p> <p>3:00 LETS PLAY "UNO" BASEMENT</p>	<p>12</p> <p>9:30 YOGA for Seniors BASEMENT</p> <p>10:30 COLOUR THERAPY</p> <p>2:00 HAPPY HOUR with THE LYNS PIANO DUET</p>	<p>13</p> <p>9:30 SIT &amp; STRETCH BASEMENT</p> <p>10:30 BEAN BAG NUMBER TOSS - BASEMENT</p> <p>3:00 EUCHRE CLUB</p>	<p>14</p> <p>10:00 MOVIE - JACK FROST 2nd FLOOR LOUNGE</p> 
<p>15</p> <p>10:00 TV CHURCH SERVICE 2nd FLOOR LOUNGE</p> <p>1:30 HYMN SING- FRONT LOBBY WITH LOIS</p>	<p>16</p> <p>10:15 BINGO BASEMENT</p> <p>1:30 POETRY CLUB BASEMENT</p> <p>3:00 YOGA for Seniors BASEMENT</p>	<p>17</p> <p>9:30 MAGNIFICENT MANICURES - BASEMENT</p> <p>1:30 SHUFFLEBOARD BASEMENT</p> <p>3:00 TAI CHI - BASEMENT</p>	<p>18</p> <p>9:30 YOGA for Seniors BASEMENT</p> <p>10:30 BUBBLY FOOT BATHS BASEMENT</p> <p>3:00 EUCHRE CLUB</p>	<p>19</p> <p>9:30 SIT &amp; STRETCH BASEMENT</p> <p>10:30 INTERNATIONAL FLOWER DAY CRAFT</p> <p>2:00 HAPPY HOUR with RANDY FOERSTER</p>	<p>20</p> <p>9:30 YOGA for Seniors BASEMENT</p> <p>10:30 "SING A LONG " - ARMS-LEGS-HANDS</p> <p>3:00 EUCHRE CLUB</p>	<p>21</p> <p>10:00 MOVIE - THE WIZARD OF OZ 2nd FLOOR LOUNGE</p>  <p>2:00 TEA &amp; DISCUSSION DINING ROOM</p>
<p>22</p> <p>10:00 TV CHURCH SERVICE 2ND FLOOR LOUNGE</p> <p>2:00 EUCHRE CLUB BASEMENT</p>	<p>23</p> <p>10:15 BINGO BASEMENT</p> <p>1:30 CHINESE NEW YEAR YEAR OF THE "RABBIT" CRAFT</p> <p>3:00 YOGA for Seniors</p>	<p>24</p> <p>9:30 SIT &amp; STRETCH BASEMENT</p> <p>10:30 GROUP CROSSWORD BASEMENT</p> <p>2:00 BEACH BALL FUN BASEMENT</p>	<p>25</p> <p>9:30 YOGA for Seniors BASEMENT</p> <p>10:30 Robert Burns Day Celebration BASEMENT</p> <p>1:30 BAKING CLUB</p>	<p>26</p> <p>9:30 TAI CHI - BASEMENT</p> <p>10:30 TBD</p> <p>2:00 HAPPY HOUR with DYNAMIC DUO CELEBRATE BIRTHDAYS</p>	<p>27</p> <p>9:30 YOGA for Seniors BASEMENT</p> <p>10:30 MOZART'S B-DAY TRIVIA FUN</p> <p>3:00 EUCHRE CLUB</p>	<p>28</p> <p>10:00 MOVIE - A WALK TO REMEMBER - Nicholas Sparks <small>#1 NEW YORK TIMES BESTSELLING AUTHOR</small></p> 
<p>29</p> <p>10:00 TV CHURCH SERVICE 2ND FLOOR LOUNGE</p> <p>1:30 HYMN SING - FRONT LOBBY WITH LOIS</p>	<p>30</p> <p>10:15 BINGO BASEMENT</p> <p>1:30 POSITIVE NEWS DISCUSSION -</p> <p>3:00 Sit &amp; Stretch BASEMENT</p>	<p>31</p> <p>9:30 YOGA - for Seniors BASEMENT</p> <p>10:30 LETS MAKE MUSIC TOGETHER - BASEMENT</p> <p>1:30 TOWN HALL</p>	