

Food Committee Minutes

Date: June 17th, 2020

Time: Due to COVID Virus, members of the Food Committee were contacted by phone or outside in the garden on June 16th and June 17th.

Members Contacted: Marilyn, Nick, Christina, Evelyn, Veronika, Gitta

Members Missing:

Discussion:

- Wanting firmer vegetables
- Request for more vegetables, rice or noodles in soups
- Resident Choice Meal for July: Option 1: Spaghetti with meatballs, garlic bread and beets with crème Brule for dessert Option 2: Gilled ham and cheese sandwich with beets and crème Brule for dessert
- Requested watermelon as a treat trolley idea

Actions Taken:

- Had discussing with Cooks to steam vegetables for a shorter period to leave firmer
- Adjusted recipes to include less broth and more vegetables, rice and noodles in soup
- Calculated results from last months survey to move the heavier meal to evening meal and the lighter meal at lunch. The generally consensus was to keep the heavier meal at lunch

Next Meeting:

Wednesday July 15, 2020