



## **COVID – 19 Necessary Precautions for Residents and Staff**

### **Suspension of Non-Essential / Hospitality Services in Resident Suites**

**March 20,2020.**

As we ramp up protection for the people who live and work at St. Jacobs Place against the COVID-19 virus, we have identified some other ways to reduce the opportunity for people to come into contact. Of course we hear daily in press conferences about the need to Self – Isolate to prevent transmission. The health of the people who live here is also connected to the health of the people who work here. We need to ensure everyone’s limited exposure to one another.

Weekly Housekeeping of suites including taking laundry, bedlinens and towels will continue once per week. We want to ensure the on-going cleanliness of each suite and your clothing. **Some Residents have put soiled bedlinens, soiled laundry, and garbage into the hallways. DO NOT DO THIS. The Province is in a Medical State of Emergency and the goal for isolation is to CONTAIN BIOHAZARDS.**

Daily bedmaking and daily removal of garbage must be suspended as the virus spreads through Canadian communities. The goal of Canadian Public Health is to keep everyone away from one another to reduce transmission. The risk outweighs the benefits of these non-essential services.

We are increasing the amount of cleaning of high touch surfaces throughout the most used common areas of our community. We are separating the dining experience by each floor so that we are striving together to be a healthy and well-prepared community as this experience unfolds in our country.



**Please note that in response to Resident Request, we are changing the dining arrangements as Caitlin announced last evening. Please note that:**

All Residents living on **Floor 1** will eat at the **First Seating**.

All Resident living on **Floor 2** will eat at the **Second Seating**.

**FIRST SEATING TIMES  
(Residents from Floor 1)**

|           |             |
|-----------|-------------|
| Breakfast | 7:45 – 8:15 |
| Lunch     | 11:30-12:15 |
| Dinner    | 4:30-5:15   |

**SECOND SEATING TIMES  
(Residents from Floor 2)**

|           |            |
|-----------|------------|
| Breakfast | 8:30-9:15  |
| Lunch     | 12:30-1:15 |
| Dinner    | 5:30-6:15  |

This is a troubling time for us now, given that we all feel worry and concern over so many aspects of how this virus is impacting us. We all feel a bit scared and our fears come out in so many ways. Sometimes it shows as frustration, sometimes it shows as sadness, sometimes it shows as confusion, sometimes it shows as exhaustion. We need to be mindful of one another. Staff and Residents. Together we will come through this difficult time together and we will likely be changed in ways that are hard to imagine even yet. Let's grow closer in spirit as we stay apart physically, through patience and understanding. The whole world is trying to adapt to this new Pandemic climate and the best way to succeed is to adapt and keep growing together. We are all here for each other.