

Spring And Summer

St. Jacobs Place

Week One

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Assorted Juices, Fruit	Assorted Juices, Fruit	Assorted Juices, Fruit	Assorted Juices, Fruit	Assorted Juices, Fruit	Assorted Juices, Fruit	Assorted Juices, Fruit
Hot Oatmeal Bagel and Cream Cheese	Hot Oatmeal Boiled Egg and Crispy Bacon	Hot Oatmeal Poached Eggs on Toast	Hot Oatmeal Peameal Bacon & Over Med Eggs	Hot Oatmeal Hot Cakes and Maple Syrup	Hot Oatmeal Fruit Plate with Cottage Cheese	Hot Oatmeal Scrambled Eggs
Apple Baked Ribs	Pulled Pork over rice	BBQ Chicken	Noodles and Cheese in Tomato Sauce	Salisbury Steak With Gravy Roast Potatoes With Carrots And Onions	Grilled Salmon	Chicken Burgers
Mashed Potatoes		Garlic Mashed Potato			Cheesy Potatoes	French Fries
OR	OR	OR	OR	OR	OR	OR
Baked Fish with a Creamy Dill Sauce	Chicken StirFry Over Rice	Beef Stew and a Tea Biscuit	Beef Stroganoff with Buttery Egg Noodles	Chicken Parmesan	Open-Faced Hot Beef Sandwich	Sloppy Joes On a Bun
Green and Yellow Beans	Apple slaw and roll	Vegetable Medley	Garden Salad	Peas	Beets	Corn
Ice Cream	Strawberry Mousse Pie	Cantaloupe Slices	Rhubarb Crisp	Tropical Fruit Salad	Banana Pudding	Cinnamon Baked Apple Slices
Ambrosia Salad		Cream Of Celery Soup	Chinese Cabbage Salad	Chefs Choice Of Soup	Cesar Salad	Potato Salad
Western Sandwich and Tomato Wedges	Cheddar Cheese Fruit Salad Plate (Cheddar Cheese, Apple Pear Salad, Zucchini Loaf)	Tuna Salad With a Roll	Slow Cooked Turkey Sandwiches	BBQ Footlongs	Pizza	Ham Sandwich on Rye with Deviled Egg
OR	OR	OR	OR	OR	OR	OR
Salmon Salad Sandwich with Tomato Wedges	Shaved Turkey with Tomatoes on a Croissant	BBQ Chiken Wraps	Tortiere Pie With Gravy	Ham & Cheese Sandwich	Western Omelette with WW Roll	Salmon Sandwich with Deviled Egg
Banana Cream Pie	Chocolate Chip Raspberry Bars	Coconut Macaroon Brownies	Ice Cream Sundae	Apple Torte	Chefs Choice	Iced Banana Cake